

SCIO/QXCI/EPFX Learning Blueprint

The following are set out as a guide to help your learning process. They are a reference point- the contents should be covered but how and in which order they are taught is for the student/educator to decide.

This blueprint is set out especially for:

- Distance Learning
- Preparation for class

It is not intended to be a class structure.

Even if distance learning is the primary method students must still do class room training with an IMUNE Internationally Licensed Device Trainer/ Instructor or IMUNE Accredited Training Institute. (Minimum 14 hours)

This process assumes that the Clasp master 1 program has been loaded and is functional.

REMEMBER

Record your learning hours on the form provided- this WILL be required with your application.

Important notes for learning:

1. Use dummy/fictitious clients for practice.
2. Do only a few hours at a time- it can be draining. Get some balance by going for a walk, showering etc. This is subtle energetic work. Don't push it- when you start to feel tired stop and do something else.
3. You do not need the device connected to practice- the initial focus is with the software. When you come to 3D bodyviewer, Irridology and SCIO use you will need the device connected to access the additional facilities.

This process references materials originated by Kelsey and available as freeware. There is a wide range of other materials available from very experienced trainers and if you have this additional resource use it. This blueprint can be modified to include these materials.

Learning Quantum Biofeedback works best if you:

- ✓ Practice, practice, practice Navigation so that you can do it in your sleep. Make sure that when you go to class training navigation is second nature- then you will be able to hear how to apply the technology.
- ✓ Read and understand the support documents available.

Navigation and technical interpretation is the easy bit- this just needs study time.

Appropriate application is the most important thing to learn

Logic behind the Training Process

The most difficult part to learn is Test Matrix Information- that is why we suggest that this is left for a while.

There is a lot that you can do before this part- it is not necessary to use the test matrix or even run the test to do therapy- indeed the basic general therapies are stated by Prof. Nelson to be the most powerful.

So we suggest:

First

1. Get familiar with what resources there are- there are many offerings, some of which are free and some of which will be more your style than Kelsey originated information (which are available free on loading the Advanced Help Manual on Clasp 07-07-06 onwards)
2. There is also a general reading list- don't try to read them all but pick some that appeal to you.
3. Practice navigation- try to be really comfortable before training so you can then hear without distraction how to apply the device.
4. Learn the steps up to Calibration- use the worksheets that will help you know the considerable amount information that you can get without the test screen information.
5. Understand the basic therapies and how to select them

This will mean that you can start constructively using the device as quickly as possible- on yourself and families.

PLEASE-

just be very simple to start with- simple is all that is needed in 90% of cases!!

And remember Prof Nelson statement

Repetition is the Key to Learning!
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Summary of Steps to Learning

Stage 1- resources

- Know what resources are available- spend an hour or two looking at what is there.
- Open a learning journal- and record sheet- start recording hours.

Stage 2- finding your way around.

- Do the Navigation and home review tests.

Stage 3- basic application

- This is where classes can start- if you have been diligent about stage 1-4
- You can of course be ahead of the game and get more from class if you have tried the case formats

Stage 4- preparation for the test matrix

- Read the articles.

Stage 5- working with the test matrix

- This is where classes are useful- if you have been diligent about stage 1 &2
- You can of course be ahead of the game and get more from class if you have tried the case formats

Stage 6- Getting ready for practice

- Practice Legalities
- Waiver & Intake form
- Practice Brochure
- Health Handout Assignments
- Resources
- Reports

Stage 7- do some complete case studies

Stage 8- IMUNE Qualification submissions

- On line exams
- Case studies
- Assignments, practice brochure, waiver, health handouts

Notes

*All IMUNE Educators have been issued with this.

Learning Journal

In addition to the records of study to be completed for IMUNE qualification submission a learning journal is a great reflection for you. The following is a guideline

1. What your expectations of the device were when you bought
2. How this has changed as you study and apply the device.
3. Where you personally have found the device useful.
4. Where you have struggled with the device and its integration
5. How you thought that you would integrate the device into what you already may do and how this has changed.
6. After a training how you have used the information.
7. What you have learnt from client session about the way you work.

Contents

Summary of Steps to Learning

Learning Journal

Beginner Stage

Stage 1 Resources & Familiarity

Stage 2 Initial Familiarity and Navigation- live

2.1 Opening the program to Test

2.2 Basic Therapies

2.3 Support Reading

2.4 Home Review Tests

Stage 3 Clinical Practices 1

3.1 Client Real world information

3.2 Demographics, Medical Astrology, Causes and Aggravations

3.3 Calibration

3.4 Test Screen- General System Regulation

3.5 Test Matrix Data

Stage 4 Support reading

Stage 5 The Test Matrix

5.1 Themes and patterns

5.2 Specific Stressors

Stage 6 Getting Ready for Practice

6.1 Practice Legalities

6.2 Waiver & Intake form

6.3 Practice Brochure

6.4 Health Handout Assignments

6.4 Practice Support Books

6.5 Corroboration & Nutritional Counseling Resources

6.6 Reports

Stage 7- Case Studies

Beginner Stage

This is designed to enable you to work simply, safely and effectively using foundational and fundamental facilities that are often “overlooked” in the vastness of the device information.

If you keep to these you will be able to work with friends and family quite quickly, gain competence and confidence.

Stage 1 Resources & Familiarity

This blueprint uses information available on the BioEnergy Partnership CD- there is a contents list on the CD- please print so that you know the facilities. Use any other resources that are available to you- find what instruction material works for you.

There are:

- Screen view manuals
- Text Manuals
- Flowcharts
- Webex Audio Visual presentations.

Other learning support materials may be available from your device supplier. For other resources see the listing at the end. IMUNE accredited trainers are listed with contact details on www.imune.net. Training events are listed on www.imune.net.

BEFORE starting familiarize yourself with the resources- glance through them so you have a feel for what is available.

ESPECIALLY- the flowcharts give an overview of the process of operation- this will give a reference point.

1. Read the flowcharts
2. Watch the Webex from 45 minutes on
3. Watch other audio visuals that cover opening the program, password, demographics, calibration, test process
4. Read and use the screen view manuals- they are simple and cover the basic navigation whilst giving some interpretation guidelines.

This will give you a framework- a feeling of some familiarity.

Stage 2 *Initial Familiarity and Navigation- live*

2.1 Opening the program to Test

This is just the first part of the sequence up to and including test. (Test is only done so that some resultant information can be accessed- understanding and using the test information is left until later)

If you have 2 computers then you can run any audio visual training (e.g. Webex) on one and play on the other. Some DVD's are available to play on a normal DVD player also. If not use the Screen view manuals. The flow charts will help with the sequence and overviews.

Switch on your computer and work through the following step by step.

HINT- don't be concerned about the information. Just get comfortable with navigation. Do the sequence several times before the next stage.

Facility	Screen View Manual	Webex	Quick Start & Text Manual
Opening the program	Opening and Main Screens	Start at about 45 minutes,	See relevant sections
Password	Password	QXCI	
Demographics	Demographics	Basic Startup and Navigation	
Calibration	Calibration	24Mar02.WRF	
Test*	Test Screen		

* this enables some additional information to be accessed.

2.2 Basic Therapies

The minimum to do therapy is Calibration (unless there is an emergency situation). It is possible to select a therapy that is beneficial for the client **without** having analyzed the test screen information. The client intake/demographics/calibration worksheets will help you understand how (in Clinical Practice 1 below)

1. Review the flowcharts to get an understanding of the choices and logic in applying.
2. Practice navigation as follows

Facility	Screen View Manual	Webex	Quick Start & Text Manual
Auto Therapies	-Auto Therapies -Auto Color -Auto Freq -Auto Meridian -Auto Trivector -Auto Meridian	Navigation Auto and Timed Therapy 26Mar02.WRF	See relevant sections
Timed Therapy	Timed Therapies		
Sarcode Therapy	Sarcode Therapy		
Biofeedback	Biofeedback		
Unattended Quick Therapy	Unattended Quick Therapy		

You can do the review tests at any stage.

2.3 Support Reading

Read the following

- a. Navigation Manual- therapy fundamentals
- b. Navigation Manual- Auto Therapies, Biofeedback, Timed Therapy, Unattended Quick Therapy for brief explanations of what each does.

2.4 Home Review Tests

- Review Module-Opening & loading program
- Review Module- Basic Troubleshooting
- Review Module-Password and Main Button Panel
- Review Module- Demographics
- [Review Module- Babies, animals, plants, inanimates.doc](#)
- Review Module- Patient data panel
- Review Module- Calibration_Operation.doc
- Review Module- Therapy General
- Review Module- Power settings

- Review Module- Alarm response
- Review Module- Calibration_ Interpretation
- Review Module- Test Screen Operation
- Review Module- Biorythms
- Review Module- Philosophy of use

Stage 3 Clinical Application 1

These are designed to help you understand how much information you can get from the very basic information and how it is good to use a balance between the obvious information and the sometimes less obvious information from test- by using both sets you are considering ALL the available information and are likely to be able to make better decisions about supporting the client. . These forms use the information from:

- Demographics
- Calibration
- Medical Astrology (Biorythms)
- Causes and Aggravations.

They will also help you to find a way of working and recording that will work for your own individual style.

If you feel confident after some practice hook a person up and do this live- record the worksheets carefully and then you already have some case study submissions for your IMUNE Qualification submissions!

Notes: to get the best from this you should:

1. Consider listening to Dr Lawrence Wilson (www.drlwilson.com)- you will gain some useful insights about what areas to consider in a client dialogue, especially if you are a “newish” practitioner.
2. Read the following:
 - a. Calibration- Interpreting The Information.pdf
 - b. Healing.pdf
 - c. Health Process.pdf
 - d. Natural Healing and Biofeedback.pdf
 - e. Terminology.pdf
 - f. Glossary.pdf
3. Do demographics properly
4. Enter the client time and place of birth- for Medical Astrology.

3.1 Client Real world information

After practicing the Navigation several times and having an understanding of therapy choices and operation (e.g. flowcharts) (without a client connected) try the following worksheets:

- Client Intake Form *Practitioner Worksheets- Client Intake.doc*
- Client Intake Therapy Worksheet *Practitioner Worksheets- Client Intake Therapy.doc*
- Support Information for the above *Practitioner Worksheets Support Client Intake.doc*
- Therapy Choices Flowchart *Therapy Choices Flowchart.pdf*

The purpose is to:

1. Illustrate that solutions are the goal- i.e. using therapy & lifestyle to reduce stress & to catalyze the organism forward.
2. Demonstrate that client presentation is an important part of this and that this information **MUST** be part of the stress reduction/solution process.
3. That at times the test information may not make sense and that there is real world information that is valid.

3.2 Demographics, Medical Astrology, Causes and Aggravations

This adds information to the client intake form- it is a different way to collect information and to demonstrate the effect of changes. It requires calibration and test to have been run.

- Demographics Worksheet *Practitioner Worksheets Demographics.doc*
- Support Information for the above *Practitioner Worksheets Demographics Support.doc*

3.3 Calibration

- Calibration Worksheet *Practitioner Worksheets Cal;ibration.doc*
- Support Information for the above *Practitioner Worksheets Calibration Support.doc*

3.4 Test Screen- General System Regulation

- Practitioner Worksheets Test *General System Regulation.doc*

3.5 Test Matrix Data

What about all the test Matrix data?

This is the most complex part:

1. There is a tendency to ignore the easy information above- so get really good at using this first!
2. Some experienced practitioners find that:
 - a. This tells them the most about the client terrain- the stuff that the stressors disturb

- b. That the intake/demographics tells them a lot about the obvious stressors
- 3. There are various ways to use the test matrix data- we explore these in stage 5-AFTER you have read some basic information about the test process and what the information means.

3.6 Review Modules

Stage 4 Support reading

This can be done at any time BUT are best read and understood BEFORE starting on unraveling the test matrix.

Device Related

It is important to understand some of the philosophy of the device.

QX General Info	<p><i>Pdf files with general useful texts that will help understanding</i></p> <p>Healing.pdf Health Process.pdf Natural Healing and Biofeedback.pdf QX Values Interpretation may05.pdf Reactivity Notes.pdf ZappingV2.0.pdf Some Background to Bioenergetic medicine.pdf</p>
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General Reading List

Stage 5 The Test Matrix

There are two aspects

- 1. Themes and patterns- to define disturbed areas. Identifying the stressed terrain and addressing this generally is foundational and will significantly help over 90% of clients.
- 2. Specific foci- here you can:
 - a. Elicit some stressors that may lie behind the disturbances which have not been revealed through demographics etc.
 - b. Corroborate these using the Individual Reaction and with the client real world history

Pre reading:

Philosophy of Natural Medicine

Diagnosis v Real medicine Allopathy and Natural Medicine Biased and Practitioner Independent Testing Nelson Method of Medicine Supporting, Obstructing and Suppressing Health.	Healing.pdf Health Process.pdf Reactivity Notes.pdf Healing Process BN.pdf Natural Healing and Biofeedback.pdf Nelson Medicine.pdf Some Background to Bioenergetic medicine.pdf
<i>Technical</i>	
Information Interpretation Reactivity Diseases and Cancer Conscious and Unconscious Activity- Biofeedback Energetic Characterization EPR (Electro- Physiological - Reactivity) Subspace	QX Values Interpretation may05.pdf Reactivity Testing Theory-General Concepts.pdf Reactivity_Resonance-Xrroid.pdf Electrical Rectification of Body Disease Causing Energy.pdf The Conscious (Verbal) Mind.pdf RVR(Resonance_Reactivity).pdf What is measured.pdf

5.1 Themes and patterns

There is a multitude of ways in exploring the information and:

1. Not all work all of the time
2. Practitioners may develop their favorites.

These are designed to elicit patterns, themes and focal areas rather than identify specific issues. This is on the basis that 90% of clients have sufficient resource that:

- if a dysfunctional system/ organ is identified and supported,
 - obvious lifestyle stressors identified and reduced
- then the organism will move toward health and in the majority of cases will deal with the biochemical detail.

Addressing the 10% of situations where more detail is required is covered fully in intermediate/advanced training (virtual doctor, super-conscious reduction panel, hold trays etc.) This approach is deliberate so that the student moves away from the “disease/symptom/single causal focus to a Nature Cure approach and does not get stuck in detail at an early stage: so they find the ball parks before identifying individual players.

There are several approaches. Not all work all the time, some users like some more than others- so it is good to have choices in the toolkit

- Organs (Sarcodes)
- Risk Profile
- Colour code buttons
- Test screen patterns
- Remedy groups top (bottom) 3
- Nelson report

In analysis there is a technique called meta study- a number of trials are pooled and an analysis done on them all. This can be applied to a full or partial group of the above approaches.

5.2 Specific Stressors

Clients often come with a specific issue- in the majority of cases this is the result of disturbed terrain, weakened organs or systems that enable a stressor to get a hold. Rarely is there a single stressor that is solely causal without a significant contribution from disturbed terrain. Generally it is a stressor that we are not designed for (e.g. anthrax, DDT, agent orange, chemical cocktails) or that is natural but extremely powerful (cholera, typhoid) BUT reflect n Bechamp who drank Plague with no effect because the terrain was strong!

There are reasons to consider specific stressors **ALONGSIDE ALWAYS** supporting the systems and organs that are generally responsible for dealing with them.

- Because that is the issue that the client has come with- its respectful and good practice management
- If there is significant discomfort e.g. pain then it is important to help with this.
- .It may be important for rapport that the client has the opportunity to feel confidence in the system- by it identifying some relevant undisclosed issues.
- Because addressing specific stressors will reduce the load on the weak organ/system and facilitate its faster recovery.

HOWEVER- zapping an item out of existence is NOT the intention!

Review module-Treating & Zapping from the Test Screen

5.3 Review Modules

Review Module- Interpreting the test matrix

Review Module- Individual Reaction

Stage 6 Clinical Practice 1

Practice Legalities, Waiver, Intake form, Practice Brochure

This is an assessed module via:

1. On line exam
2. Submission of waiver, brochure etc

6.1 Practice Legalities

It is important to understand:

- what you can and can't do
 - what you can and can't claim
 - what you can and can't say
 - safe words to use
- etc.

This will vary from country to country and will also depend on what other health professional qualifications that you have. Study the material, do the self review questionnaire and listen to your country specific trainer in terms of legalities in your country.

The following are available to help you:

- Legal Guidelines for Unlicensed Practitioners. Dr. Lawrence Wilson, ISBN 0-9628657-2-9 www.drlwilson.com
- How to Give Nutritional Advise Legally, David W. Rowland, ISBN 1-896651-03-8, \$4.95 www.rowlandpub.com

You may also consider:

- Complementary and Alternative Medicine Clinic Design, Robert A. Roush, ISBN 0-7890-1803-9.

<i>Legal, Operational, Educational</i>	
Devices and Regulation Registration and Institutional Review Board (IRB)	EPFX_SCIO_QXCI Legalities1.pdf IRB 1.pdf Int License USA Legal.pdf

IMUNE also has a self review/learning questionnaire (Clinical Practice) downloadable from www.imune.net,

6.2 Waiver & Intake form

Waiver & Intake form

Waiver

A waiver can be separate or combined with the intake form- incorporating aspects of the waiver into the intake form is also good as a back up. The style and precise wording will vary with regulations in specific countries and any other qualifications/licenses that you have. The safest focus is from a restrictive country (USA) and the focus should be on:

1. Stress identification and support
2. Clarifying that the consultation is not a diagnosis, that you do not treat, cure or prevent any disease or disorder.
3. That you are trying to identify stress factors that when removed/reduced will assist the organism to naturally restore health.
4. That your focus is whole person health and that this will generally address symptoms.
5. That there are medical conditions that only medical professionals are allowed to treat (Cancer, diabetes, epilepsy etc.) We support the organism in these areas only. UK Medicines Act 1968 - diseases it is illegal to treat specifically other than by medical doctor: Tuberculosis, Cancer, Diabetes type I, Epilepsy / fits, Paralysis, Cataract, Glaucoma, Locomotor Ataxia, Sexually transmitted diseases, AIDS, Kidney Disease (including Bright's disease)

Intake Form

This can be very simple or more detailed according to your qualifications (e.g. Nutritional Counseling). There is a fine balance in avoiding the possibility perception of operating as a medical professional or diagnosing.

Consider a simple one to start with and a more detailed one for the client to take from the first session and bring back at session 2. Having a client bring or send in advance an intake form can help focus both of you and in particular:

1. Make the session more focused since the client has downloaded onto paper
2. Give you a reference point
3. Possibly help the client to be more aware of the issues to be addressed and assist the test process.

See:

- Practitioner Worksheets- Client Intake.doc for a basic one
- My life.doc- for insights into the client that don't get verbalized.
- Client Questionnaire Jan07.doc- for a more detailed example.
- Confirmation- consider sending this.

These are just examples and you should develop your own.

There are also “corroborative questionnaires available from many sources that can be used- the titling should be carefully considered. e.g. “thyroid check list” may be inappropriate and just “ Profile 1” may be better. The following is a straightforward USA developed version written in a straightforward way.

Listen to your body- David D Rowland, 1-896651-0101 www.rowlandpub.com \$8.95

Exercises

1. Prepare a waiver incorporating the relevant principles. Use the samples to create one appropriate to your country
2. Prepare an intake form according to the way that you work.
3. Work through the Intake templates to see what works for you and to ensure that it is appropriate to the way that you work and within the stress reduction framework.

6.3 Practice Brochure

There are samples of Practice brochures available on the web, from practitioners and may form part of the package from your device supplier. The above books will also give some do's and don'ts. Consider the following elements:

1. What Quantum Biofeedback is- a simple explanation of the device and its facilities.
2. The Natural Health Process- can be a separate handout
3. What a client can expect to go away with. The possible effects, timescales etc.
4. How you work- preferably explaining that you integrate device aspects with lifestyle.
5. What happens in a session.
6. What information you want before a session*
7. Pictures to consider- device, person hooked up, you
8. Your Natural Health Education and Qualifications.

It is suggested that:

1. Fees are a slip in form
2. Practice information is a slip in form.

Client change record.

Many clients have a very poor perception of change. Consider a change sheet for them to record what is happening. Consider their main factors for coming (intake form) and use a score sheet for changes. Include some general aspects such as general well being, relaxation/stress levels, relationships etc.

6.4 Health Handout Assignments

These are for your practice to support and educate clients. They are information handouts to help the client to be more informed. They should be simple, referenced and help the client to choose change if they want to. Try to keep to one page with the important information in the first paragraph. Use the web and books, Wikipedia for information.

They are also required submissions for IMUNE Qualifications.

- What is health?- defining the stress process and its effects, long term effects stress and deeper body effects, the restoration process. Health process ownership
- Stress origins and effects
- Fluid intake- hydratants and dehydrants, excess fluid intake>waterlogging, water types.
- Exercise- cardiovascular, metabolic, lymphatic effects. Yoga, Tai Chi, Chi Kung as alternatives.
- Nutrition deficiency and excess- the prime benefits of food
- Dietary fats- beneficial and harmful types, good sources.
- Caffeine containing products- including drinks, decaff, natural processing etc.
- Alcohol- effects and quantity relationships.
- Allergies- as a stressor that impacts due to stress having disturbed the system.

6.4 Practice Support Books

There are many good books- there are some essentials that you should have to hand. What follows are some suggestions (USA publications) but equals may be available in your country.

- **Medical Conditions**- it is ESSENTIAL to have this for a simple overview from the medical perspective so you can meet clients knowledge from the doctor and not lose face- in the early days to have the intake form in advance helps you to do the homework.
- **Referring**- it is important to know when & who to refer to- and part of this is understanding other modalities. “Alternative Medicine- The Definitive Guide”, 1-58761-141-4, www.alternativemedicine.com, \$39.95, >1000 pages. 500 pages on various alternative therapies, 6500 pages on health conditions.
- **Medicines & Drugs**- for contraindications, side effects etc.
 - Br Med Assoc’n Guide to Medicines & Drugs. Dorling Kindersley www.dk.com \$30
 - A-Z Guide to Drug-Herb-Vitamin Interactions: essential if you are going to offer the client information about nutritional food supplements etc. A R gaby.0-307-33664-6. Amazon. \$23

6.5 Corroboration & Nutritional Counseling Resources

It is difficult to restrict yourself to stress related biofeedback and lifestyle coaching alone. You are likely to:

1. Need to corroborate an issue with a traditional symptom profile.
2. Consider
 - a. Dietary support for a strongly manifesting stress (IMUNE Modules will address this)
 - b. Food/nutritional supports

In particular it is smart to develop real world supports that can not be legislated away!!

The following sites provide some resources in simple low cost publications:

www.rowlandpub.com
www.drlwilson.com

- **Basic-** Listen to Your Body- David W. Rowland,\$8.95 www.rowlandpub.com
- **Advanced-** Nutritional Symptomology Manual- David W. Rowland,\$8.95
www.rowlandpub.com

Computer Based- analyses profiles from question input, print out for: Colour graph prioritizing weaknesses, Items of concern – prioritized, Items to watch – prioritized, Explanations of each weakness, Dietary guidelines, Supplement recommendations.

6.6 Reports

How to generate
Appropriate use

6.7 Review Modules

Review Module- Practice Related.doc
Review Module- Terminology,
Review Module- Legalities and
Review Module- Safe use
Review Module- Device Legalities
USA
Non USA
Review Module- Practice Legalities
USA
Non USA
Review Module- Software,
Review Module- Hardware- device & harness
Review Module- Electrical Safety, Harness,
Review Module- Subspace
Review Module- Installation,Activation,Updating.doc
Review Module- Data Maintenance & Backup.doc

Review Module- Computer settings and maintenance.doc
Review Module- Reports
Review Module- Accessories

Stage 7- Case Studies

The worksheets progressively form the base for doing complete assessments and the case studies. The case study format brings these elements together. You don't have to use them all- but you do have to demonstrate that you:

- Understand the information technically and how to use it
- Consider ALL elements of the information
- Integrate the information with the client presentation
- Review what you have done and how you assess it.